

## LUNCH

### SOUPS

- SOUP OF THE DAY** ~ Cup 4 ~ Bowl 5
- VERMONT GRILLED CHEESE** Farmhouse cheddar, bacon, apple. Cup of soup. . . . .9
- THE CAPE** Half chicken salad, tuna salad or turkey sandwich. Cup of soup . . . . .8



### BIG SALADS

SERVED WITH PITA.

- GRILLED CHICKEN, CHICKEN SALAD,  
TUNA SALAD, TURKEY +4  
FLATIRON STEAK, VEGGIE BURGER +6**

- FARMER** Mixed greens, cucumber, tomato, red onion, buttermilk ranch dressing. . . . .7
- AVOCADO** Mixed greens, pear, pecan, goat cheese, lemon vinaigrette . . . . . 8.50
- GREEK** Mixed greens, cucumber, tomato, red onion, Kalamata olives, feta cheese, lemon vinaigrette . . . . . 8.50
- COBB** Avocado, bacon, egg, grilled chicken, tomato, cucumber, onion, blue cheese dressing . . . . .12

### BURGERS

**8 OZ LAFRIEDA'S SHORT RIB AND CHUCK BLEND ON A BUTTERED BUN SERVED WITH CHOICE OF FRENCH FRIES, ONION RINGS, POTATO SALAD OR COLE SLAW. PREFER A SIDE FARMER SALAD OR SWEET POTATO FRIES ADD \$1**

- HAMBURGER** Lettuce, tomato, red onion\*. . . . . 8.50
- CHEESEBURGER** Lettuce, tomato, red onion\*. . . . . 9.50
- NOTORIOUS B.U.R.G.** American and cheddar cheese, shredded lettuce, tomato, diced onion, pickles, special sauce\* 10.50
- BACON SWISS BURGER** Exactly what it says\* . . . . .11
- BBQ BURGER** Onion ring, cheddar, bacon, bbq sauce,\* . . . .11
- FARMER KATIE** Apple, bacon, cheddar and IPA mustard\* . 11.50
- GREEN LANTERN** Avocado, smoked gouda, red onion, roasted red pepper aioli\*. . . . .11
- VEGGIE BURGER** Sweet potato and black bean, roasted red pepper aioli. . . . . 8.50

### SANDWICHES AND WRAPS

SERVED WITH CHOICE OF FRENCH FRIES, ONION RINGS, POTATO SALAD OR COLE SLAW. PREFER A SIDE FARMER SALAD, CUP OF SOUP OR SWEET POTATO FRIES ADD \$1

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| <p><b>B.L.T.</b> Hickory bacon, green leaf lettuce, tomato, mayo . . . . 8.50</p> <p><b>AVOCADO B.L.T.</b> With mayo only if you give us the OK . . . . 9.50</p> <p><b>TURKEY, AVOCADO, CHEDDAR</b> Lettuce, tomato, roasted red pepper aioli . . . . . 9.50</p> <p><b>TURKEY DIJON</b> Lettuce, tomato, Swiss, honey dijon . . . . . 8.50</p> <p><b>GRILLED CHICKEN</b> Lettuce, tomato, red onion. . . . . 8.50</p> <p><b>GRILLED REUBEN</b> House roasted angus corned beef, sauerkraut, Swiss cheese, Russian dressing on rye. . . . . 9.50</p> <p><b>GRILLED RACHEL</b> House roasted angus corned beef, cole slaw, Swiss cheese, Russian dressing on rye. . . . . 9.50</p> <p><b>CHICKEN SALAD</b> Lettuce, tomato, red onion . . . . . 8.50</p> | <p><b>TUNA SALAD</b> Lettuce, tomato, red onion . . . . . 8.50</p> <p><b>TUNA MELT</b> American cheese . . . . . 8.50</p> <p><b>THE ULTIMATE GRILLED CHEESE</b> Cheddar, Hickory bacon, tomato on grilled brioche . . . . . 9.50</p> <p><b>GRILLED JACK N' HASH</b> Corned beef hash, habañero jack. . 9.50</p> <p><b>CHICKEN, AVOCADO AND PEAR WRAP</b> Grilled chicken, mixed greens, pecan, pear, goat cheese, lemon vinaigrette. . . 9.50</p> <p><b>COBB WRAP</b> Mixed greens, avocado, bacon, boiled egg, grilled chicken, tomato, cucumber, red onion, blue cheese dressing . 9.50</p> <p><b>FARMER WRAP</b> Mixed greens, cucumber, red onion, chives with chicken salad, tuna salad or grilled chicken. . . . . 9.50</p> |
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### EXTRAS, EXTRAS!

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| FRENCH FRIES. . . . .                        | .4 |
| SWEET POTATO FRIES. . . . .                  | .5 |
| ONION RINGS . . . . .                        | .4 |
| HOUSEMADE COLE SLAW OR POTATO SALAD. . . . . | .3 |
| SIDE FARMER SALAD. . . . .                   | .5 |

\*Before placing your order, please inform your server if a person in your party has a food allergy.

\*These items are cooked to order. Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.